



ASSOCIATION DES
ART-THÉRAPEUTES
DU QUÉBEC

ASSEMBLÉE GÉNÉRALE ANNUELLE CONFÉRENCE D'UN JOUR
ANNUAL GENERAL MEETING AND ONE-DAY CONFERENCE

Université Concordia | Concordia University
samedi 9 septembre, 2023 | Saturday September 9th, 2023
9h à 17h | 9AM-5PM

9h à 12h
9AM-12PM
EV 1.605

Lucille Proulx (MA, ATPQ, RCAT)

Le cerveau au berceau : art-thérapie et attachement: Favoriser un développement cérébral sain et prévention par l'intervention auprès de dyades parent-enfant.

12h à 13h30
12PM-1:30PM
EV 6.720

Assemblée Générale Annuelle (AGA) / Annual General meeting (AGM)

Les personnes souhaitant seulement participer à l'AGA peuvent le faire gratuitement (sans repas inclus) / Those wishing only to attend the AGM can do so free of charge (no meal included).

Dîner / Lunch

Dîner gastronomique végétarien / Gourmet vegetarian dinner

13h30 à 15h
1:30PM-3PM
EV 1.605

— ou / or —

13h30 à 15h
1:30PM-3PM
EV 6.720

Pierre Plante (Ph.D., MA, OPQ, ATPQ, RCAT)*

Un doctorat en psychologie avec spécialisation en art-thérapie à l'UQAM: Création d'une première formation professionnalisante au Québec! (FR)

— ou / or —

Natalí Ortiz (MA, ATPQ)*

Unraveling Intersections of Colonialism: A Path to Critical Self-Reflexivity as Art Therapists (EN)

15h30 à 17h
3:30PM-5PM
EV 1.605

— ou / or —

15h30 à 17h
3:30PM-5PM
EV 6.720

Cyndie Bussière (MA, ATPQ, RITMA)*

Éco-Art-Thérapie : Dialogues entre la Nature Intérieure et Extérieure à travers le processus créatif et la Présence (FR)

— ou / or —

**Sondra Goldman (MA, ATR, ATPQ),
Bailey Carter (MA, CCC, ACNN)***

Transforming Discomfort Through Embodied Play (The DvT Way) (EN)

**Ces ateliers se dérouleront simultanément. Veuillez choisir un seul atelier auquel vous souhaitez participer pendant cette heure (soit le FR ou le EN)*

**These workshops will run simultaneously. Please choose only one workshop you wish to attend during this hour (either FR or EN).*



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**LE CERVEAU AU BERCEAU : ART-THÉRAPIE ET
ATTACHEMENT: FAVORISER UN DÉVELOPPEMENT
CÉRÉBRAL SAIN ET PRÉVENTION PAR L'INTERVENTION
AUPRÈS DE DYADES PARENT-ENFANT.**

9h à 12h
EV 1.605



Lucille Proulx (MA, ATPQ, RCAT)

Lucille Proulx, M.A., ATR, RCAT. Has 50 years of experience in the field. She is an honorary member of AATQ and CATA The author of Strengthening Emotional Ties through Parent-Child Dyad Art Therapy, Published London, Israel and Egypt and Attachment Informed Art Therapy. She is the founder of art therapy programs internationally and CiiAT.



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**UN DOCTORAT EN PSYCHOLOGIE AVEC SPÉCIALISATION EN
ART-THÉRAPIE À L'UQAM: CRÉATION D'UNE PREMIÈRE
FORMATION PROFESSIONNALISANTE AU QUÉBEC!**

3h30 à 15h | EV 1.605



Pierre Plante (Ph.D., MA, OPQ, ATPQ, RCAT)*

Pierre Plante Ph.D, ATPQ, psychologue art-thérapeute, est professeur titulaire au département de psychologie de l'Université du Québec à Montréal (UQAM). Ses intérêts concernent l'intervention par l'art, les processus créatifs et la phénoménologie. Il est l'actuel président de l'Association des art-thérapeutes du Québec (AATQ) et agit à titre de professeur invité en Thaïlande et au Japon auprès de la Canadian International Institute of Art Therapy (CIAT).



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**UNRAVELING INTERSECTIONS OF COLONIALISM: A
PATH TO CRITICAL SELF-REFLEXIVITY AS
ART THERAPISTS**

1:30-3:00PM | EV 6.720



Natalí Ortiz (MA, ATPQ)

Natalí is an art therapist and multidisciplinary artists from Ecuador with a strong social justice and decolonial feminist lens.

Natalí completed her studies in art therapy at Concordia University. She obtained an interdisciplinary BA involving International Relations, Sociology, Visual Arts and Psychology. Additionally, Natalí has a 200hrs training in Yoga and Biomechanics. Her different sources of knowledge influence her anti-oppressive, expressive arts multi-modal approach. After finishing high school, Natalí lived for a year in Uganda, where she volunteered in schools and programs supporting street youth. In her home country, Natalí worked in different art projects with children, neurodivergent adults and individuals with developmental disabilities. She also worked in NGOs dealing with immigration issues, food security and sex-trafficking. These experiences planted seeds that later grew towards her path in art therapy.

As an art therapist, Natalí has worked at a community and individual level, with people from diverse backgrounds, contexts, and ages. Currently, she works as an art therapist at Concordia University Art Hives, contributing to a public-approach to art therapy. She also holds an open studio for older adults at a day centre and is slowly starting her private practice.



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ÉCO-ART-THÉRAPIE : DIALOGUES ENTRE LA NATURE
INTÉRIEURE ET EXTÉRIEURE À TRAVERS LE PROCESSUS
CRÉATIF ET LA PRÉSENCE

15h30 à 17h | EV 1.605



Cyndie Bussière (MA, ATPQ, RITMA)

Cyndie est une art-thérapeute et écothérapeute passionnée qui intègre la nature, l'art-thérapie somatique et la pleine conscience dans sa pratique. Diplômée depuis 2019, elle a commencé sa carrière en tant qu'art-thérapeute en pédiatrie sociale. Depuis un an, elle exerce en pratique privée et propose également des séances d'art-thérapie aux jeunes autochtones. Elle s'est récemment formée à diverses approches, dont l'intégration de la nature en tant que support thérapeutique ainsi que les pratiques rituelles et de présence.



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**TRANSFORMING DISCOMFORT THROUGH
EMBODIED PLAY (THE DVT WAY)**

3:30PM-5PM | EV 6.720

Have you been sensing the heaviness in the air? Noticing that internal & interpersonal tensions are changing as drastically as the weather? ...Now, do you remember how you used to feel so creative and courageous as a child? Sometimes we wish we could go back to that feeling and – guess what – you can! In this workshop, we will draw from Developmental Transformations Therapy (DvT) techniques to explore what it would be like to use our bodies as a source of artistic expression and how these practices can change our perception of discomfort.



Sondra Goldman (MA, ATR, ATPQ)

Sondra Goldman, Montreal art therapist (since 1993), has worked predominantly with seniors in long-term care. She has addressed issues of isolation, loneliness, and loss through the development of innovative programming. Her practice has been informed by the Expressive Therapies Continuum (ETC), Focusing, Art Hives, and Developmental Transformations (DvT). Her thesis, "Intercultural Intervention in Art Therapy," explored the impact of cultural identity upon the art therapist, client, and therapeutic process. Sondra has supervised hundreds of graduate students and volunteers and continues to lecture and provide art therapy & DvT workshops across North America. She is currently treasurer of the AATQ board of directors and is excited to bring playfulness into the lives and practice of art therapists.

Bailey Carter (MA, CCC, ACNN)

Bailey (she/they) is a creative arts therapist located in the greater Montreal area working in private and community practice. She loves working with teenagers who have experienced trauma, adults with anxiety or big life transitions, and creative folks that want some more playfulness in their lives. Bailey has also received certification from the Developmental Transformations Therapy (DvT) Montreal Institute. As a therapist and activist, they continue to fight stigma surrounding mental health, the unfair treatment of the LGBTQ2IA+ community, and the narrative that adults have to stop being playful when they get older.

